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GLAMPING? YURT WELCOME

TWO METRO REPORTERS BRAVE THE WILDS OF KING-SIZE BEDS, FLUFFY PILLOWS AND PINOT NOIR. DOES THIS MEAN THEY'VE LOST THEIR WILDERNESS CRED? **PAGES 14-15**



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LOST AND HOUND

Mars was one of eight four-week-old puppies found in a box in a ditch in rural Manitoba last Friday, eating leaves and dirt to survive. The organization that rescued him, Manitoba Mutts, says they need help. Story on page 3. COURTESY MANITOBA MUTTS

IGF earns FIFA's praise

'Fantastic stadium.' CEO of 2015 Women's World Cup confident issues will be worked out



BERNICE PONTANILLA

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Delegates with the organizing committee for the 2015 FIFA Women's World Cup gave Winnipeg's new stadium its resounding approval on Wednesday.

Peter Montopoli, CEO of the tourney's national organizing committee, said he has full confidence that recent traffic and press concerns at Investors Group Field will be addressed by the time Winnipeg hosts the seven games they've been given.

"(It's) a fantastic stadium ... one of the best stadiums that we've seen and will see in our country," he said during a press conference at city hall.

"In my estimation, this city

and province are leading the curve in relation to the other cities and provinces, so congratulations."

Montopoli said they have a transportation consultant company that reviews any issues stadiums have had and a plan for IGF is already in place.

Also, FIFA builds its own press gallery, sometimes in the stands if necessary, added Montopoli.

"There's a certain requirement to meet FIFA standards and it's much more than what it would be here domestically," he said.

"That's absolutely not a concern because the minimum standards of FIFA are higher than anywhere else in North America."

Hector Vergara, executive director of the Manitoba Soccer Association, said it's important for Winnipeggers to hear what FIFA officials had to say about the city and its venues.

"It's fantastic when somebody comes to your city and your province, and is able to tell the whole community that you're a leading city," said Vergara.

"You heard it not from us, not from the Manitoba Soccer Association, not from the city, not from the province — you heard it from FIFA, you heard it from the CSA (Canadian Soccer Association)."

The FIFA Women's World Cup will take place in six Canadian cities from June 6 to July 5, 2015.

Quoted

"In my estimation, this city and province are leading the curve in relation to the other cities and provinces, so congratulations."

Peter Montopoli, CEO of FIFA's national organizing committee

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A rough time: Abandoned pups survive by eating leaves, dirt

Kibble drive. Animal-rescue group looking for food, monetary donations to help



ELISHA DACEY
elisha.dacey@metronews.ca

Eight puppies are lucky to be alive after eating dirt and leaves to survive when they were dumped in a ditch.

Local rescue group Manitoba Mutts is launching a kibble drive after the pups, only four weeks old and not weaned from their mother, were found in a box on Aug. 9.

"They were found in a ditch" in the Interlake area, spokesperson Colleen Holloway said. "They are in foster homes right now. They were split up two by two."

Manitoba Mutts doesn't know where the puppies' owners are, she added, nor how long the puppies were

Puppy love

- Colleen Holloway said it was only hours after the puppies were discovered that experienced foster homes were found for them. "This all happened during rush hour (on Friday)," she said. "It was a whirlwind."



These pups will be put up for adoption once they're healthy and socialized. But be aware: They're a high-maintenance breed, says Colleen Holloway of Manitoba Mutts. COURTESY MANITOBA MUTTS

in the ditch. But judging by their feces, they had started eating leaves, grass, dirt and twigs to survive. "They were trying to blindly feed themselves whatever was around them," she said.

As a result of the influx of puppies, believed to be a rare Catahoula-cross breed, the group is asking for donations of puppy kibble, saying its inventories have reached a critical low. It hopes to raise 50 bags of kibble in 50 hours.

Pet Valu and Best West Pet Foods are selling the group's preferred puppy food at their stores and holding it for the

rescue group to pick up. Or people can buy the puppy food and email food@manitobamutts.org for drop-off sites.

The puppies will be put up for adoption when their health has stabilized and they

have been socialized. "This is a very high-maintenance breed," Holloway said, noting the dogs are full of energy and need the right families. Manitoba Mutts has a thorough adoption and screening

process before any animal is placed with a family.

For more information on these puppies and the many other dogs the group has in its care, email info@manitobamutts.org.

Rise in arsons not surprising: UFFW president

It's no coincidence the city has seen a rash of arsons in the past few years, the president of the United Firefighters of Winnipeg says.

Alex Forrest, of UFFW Local 867, said Winnipeg saw more than 500 arsons in 2012, up from an all-time low of 260 in 2008. The reason the city is seeing a resurgence, he said, is partly because of funding cuts to the Youth Firestop Program, which sees young people referred to the

program if they're caught setting fires.

It was created in the late 1990s after a rash of high-profile arsons, including one that burned several businesses to the ground in Osborne Village. Arsons began to decline as arsonists were taken off the streets, Forrest said, but have shot back up again.

Firefighters were tapped out on Tuesday night, thanks to a rash of eight probable arsons, Forrest said, includ-

ing garbage-bin and garage fires on Furby, Main and Robertson streets, Redwood, Jarvis, Fernwood and College avenues, and St. Anne's Road.

"It's concerning to see it move to the south end of the city," he said.

However, a spokesperson for the City of Winnipeg said the Youth Firestop Program remains funded. It's just that referrals have dried up.

"The Youth Firestop Program relies on referrals

from the Winnipeg Police Service, social services and local schools," the spokesperson said. In 2012, 81 youth were referred, while in 2007, 267 were registered in the program.

Forrest said he also wants money to hire two more education officers to educate kids about the dangers of arson, and a seat at the table of a committee that was formed to look at the problem.

ELISHA DACEY/METRO

No quick fix

"It's going to take a generation to fix this, because it took a generation to get to the low (in 2008)."

Alex Forrest, president, United Firefighters of Winnipeg

1 NEWS

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St. Vital. Soccer field gets update for World Cup 2015

A soccer field in St. Vital is being given a facelift to become an official practice facility for some of the best female soccer players in the world.

Premier Greg Selinger announced on Wednesday that the Winnipeg Soccer Federation is getting \$900,000 for the installation of synthetic grass and drainage improvements to a field at St. Vital Memorial Park.

Selinger said with the new turf, the park will be a practice field for the upcoming FIFA Women's World Cup, which is being held in Canada in 2015, with Winnipeg one of six host cities.

Peter Muir, chair of the Winnipeg Soccer Federation and president of the Manitoba Soccer Association, said in a joking man-



ocused on what
Peter Muir of the Winnipeg Soccer Federation, with Premier Greg Selinger, right, and Minister Ron Lemieux. BERNICE PONTANILLA/METRO

ner that as a true England fan, it pained him to admit that there are 400 such synthetic grass fields in Italy.

"Now, I don't want 400 artificial turfs, I don't think we need that many, but eight, nine, 10 over the next 10 years would be great," added Muir to the chuckles of those in attendance.

BERNICE PONTANILLA/METRO

Portage and Main. Pedestrians coming soon?

Portage and Main in downtown Winnipeg is one of Canada's most famous intersections, but for the last 34 years it has been closed to pedestrians.

In 1979, the city signed a contract with area businesses to close the intersection to foot traffic, building an underground concourse instead.

But that contract expires in six years and a movement is afoot to re-open the intersection to walkers.

Stefano Grande with the Downtown Biz association says 85 per cent of their members would like to see Portage and Main re-opened.

He says more foot traffic would make the downtown vibrant and excited.

Changing area

"The downtown in the last seven years has become a much more vibrant place."

Jino Distasio, urban studies professor at the University of Winnipeg

Some city councillors are on board, but say discussions haven't started at city hall yet.

"I like the idea of putting people on Portage and Main, you could do it on a gradual basis like starting at six or on weekends," said St. Boniface Coun. Dan Vandal. GLOBAL WINNIPEG/THE CANADIAN PRESS



Broadway will become "ManyFest Way" during the festival in September. GRAEME COLEMAN/FOR METRO

Broadway to ManyFest Way

Street sign rebranded for festival. The third annual Liquor & Lotteries event will host a Food Truck Wars for first time

GRAEME COLEMAN
winnipeg@metronews.ca

Winnipeg is about to experience its first-ever "Food Truck Wars" at the third annual Manitoba Liquor & Lotteries

ManyFest Sept. 6-8.

The Downtown Winnipeg BIZ announced the delicious news along with the rebranding of Broadway on Wednesday afternoon.

"We're about to give a slice to Winnipeggers what downtown workers have come to appreciate and know over the last decade," said Stefano Grande, executive director of Downtown BIZ.

"The quality of the food trucks in this city are incredible — on par with what you would see in other cities across

North America."

People will have the opportunity to buy samples from about ten food trucks lined along Broadway and Memorial Boulevard, and vote for their favorite afterward.

Along with "Food Truck Wars," ManyFest will celebrate Winnipeg's eclectic downtown with a diverse range of art, events and music.

"It is really a wonderful experience," said Minister Jim Rourke.

"I would also like to suggest that those people who haven't

Online

Visit manyfest.ca for more info.



been downtown for ten years or five years or 20 years, come down for this. You will be surprised. You will be shocked at the positive changes that have happened in our city."

During the festival, Broadway will be blocked off and rebranded as "ManyFest Way," showcasing new street signs.

Man critical after car crash

Winnipeg police say a man was in critical condition after a vehicle slammed into a tree and building on Portage Avenue early Wednesday morning.

Police at the scene said the collision happened at about 1 a.m.

The vehicle was driving northbound from Garfield Street South before crossing completely over Portage Avenue. The vehicle then slammed into the Addictions Foundation of Manitoba building, along with a tree planted right next to the



The remains of a vehicle that hit a building on Portage Avenue in Winnipeg on Wednesday. ELISHA DACEY/METRO

wall.

Traffic westbound on Portage Avenue was re-routed down Sherburn Street until about 8:15 a.m. Wednesday.

Police would not give any

other details about the crash, including the man's age or cause of the crash, although they did say the car was not stolen or being chased.

ELISHA DACEY/METRO



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'God have mercy:' Body bags on streets as Egypt's turmoil worsens

Deadly work

A cameraman for British broadcaster Sky News and a Dubai-based newspaper reporter were killed during the violence in Egypt on Wednesday.

- **The snapper.** Sky said Mick Deane, 61, was shot and wounded while covering the violent breakup of protest camps in Cairo. He died soon after.
- **The reporter.** Habiba Ahmed Abd Elaziz, 26, was shot in a Cairo melee.
- **In Ottawa.** NDP foreign affairs critic Paul Dewar said the Harper government and others around the world should insist that Egypt tell its military to stop the crackdown.

State of emergency. Running street battles sweep the country as supporters of ousted president battle security forces

The world looked on in shock Wednesday as searing violence engulfed Egypt.

Running street battles broke out in Cairo and other cities as a state of emergency was declared.

The white heat of anger flared when riot police backed by armoured vehicles, bulldozers and helicopters swept away two encampments of supporters of ousted President Mohammed Morsi.

And the death toll rose inexorably: At least 278 people were killed nationwide.

Canada called for calm while Egyptian Canadians watched in horror from a distance. Foreign Affairs Minis-

ter John Baird expressed deep concern and called on Egypt to implement much-needed changes to ease tensions.

Canada supports "a transparent democratic system that respects the voices of its citizens," Baird said.

All day Wednesday, pictures and video images of the violence could be seen on the Facebook site Egyptian Canadians For Democracy.

One video posted on the page showed footage of body bags lined up on a sidewalk.

Another post read "God have mercy on Egypt."

It was the deadliest day in Egypt since the 2011 revolution against Morsi's predecessor, Hosni Mubarak, began.

Meanwhile, Vice-President Mohamed ElBaradei, a Nobel Peace Prize laureate, resigned in protest over the violence.

He said he was not prepared to be held responsible for "a single drop of blood."

THE ASSOCIATED PRESS



A supporter of ousted Islamist president Mohammed Morsi shoots a gun toward police during a sit-in in Cairo on Wednesday. MANU BRABO/THE ASSOCIATED PRESS

Not so purr-fect crime. DNA from cat hair sends a killer to jail for life

Fingerprints are not the only thing that killers can leave behind — add cat hair to that list.

A British university said Wednesday that its DNA database of British felines helped convict a man of manslaughter. He was sentenced to life in prison.

"This is the first time cat

DNA has been used in a criminal trial in the U.K.," said Jon Wetton of the University of Leicester.

"This could be a real boon for forensic science, as the 10 million cats in the U.K. are unwittingly tagging the clothes and furnishings in more than a quarter of households."

THE ASSOCIATED PRESS

'I'm sorry.' Convicted soldier apologizes to U.S. for WikiLeaks leaks

U.S. soldier Bradley Manning took the stand Wednesday during his sentencing hearing for leaking classified material to WikiLeaks and apologized for hurting the United States and others.

"I'm sorry that my actions hurt people. I'm sorry that it hurt the United States," he said.

Manning faces up to 90 years in prison for leaking the information while working as an intelligence analyst in Iraq in 2010.

An army psychologist said Manning's private struggle with his gender identity in a hostile workplace put incredible pressure on the soldier.

THE ASSOCIATED PRESS

The Wallin affair. Harper missed 'red flags,' says MP as Tory rivals attack

MPs had a field day on Wednesday — and the target was Sen. Pamela Wallin.

The Conservatives' rivals made political hay out of a scathing audit of Wallin's travel claims. The Senate has called in the RCMP after the audit flagged \$121,348 in inappropriate expenses.

The New Democrats

amplified their long-standing call to abolish the Senate.

And the Liberals accused Prime Minister Stephen Harper of showing poor judgment when he vouched for Wallin's expense claims this year.

Harper "should have seen the red flags," said Liberal MP Stéphane Dion.

THE CANADIAN PRESS



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Roommates plan to buy nothing for a year

Less is more.

'I realized these things don't make me any happier,' Calgary man says of the 'stuff' he has already accumulated



ROBSON
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Metro in Calgary

Two Calgarians are taking the Buy Nothing Day concept and multiplying it by 365.

Roommates Geoff Szuszkiewicz and Julie Phillips set out on a Buy Nothing Year

on Aug. 3, an undertaking they plan to continue until the same date in 2014, when Szuszkiewicz turns 31.

As part of this "life experiment," the pair has immediately given up spending money on household and personal items — including things like cleaning products and clothes — and they plan to eventually ramp it up to a point where they pay for nearly nothing.

"In three months we're going to discontinue purchasing of services — that means we're not going to be buying haircuts, eating out any more or paying for transportation," Szuszkiewicz explained.

Re-examining the definition of necessity

The pair got the idea after the June flood forced Julie Phillips to change her accommodation plans and move in with her friend Geoff Szuszkiewicz.

- Phillips said she had to get

rid of about 80 per cent of her "stuff" in the process, forcing her to re-examine her definition of "necessity." To follow their journey online, visit buy-nothingyear.com.

They already have a head start on that phase, however, as Phillips' car broke down and she opted to give the beat-up away rather than fix it.

She now uses a bike as her main mode of transportation, while Szuszkiewicz has given up the bus and commutes to

work on foot.

By the final month of the experiment, they aim to give up spending on groceries, relying instead on an at-home aquaponics system (built with donated or bartered materials) and supplementing their food stocks through trade.



Julie Phillips and Geoff Szuszkiewicz hold Pepper, an animal they are "bunny-sitting" for a friend in exchange for wine. The pair expects bartering to figure prominently in their Buy Nothing Year. ROBSON FLETCHER/METRO IN CALGARY

Tech trouble. Thai villagers block Google Street View camera car

Internet giant Google's Street View project, which has raised privacy concerns in several countries, has ignited a minor uproar in northern Thailand where villagers suspected its cameras were surveying for an unwanted dam project.

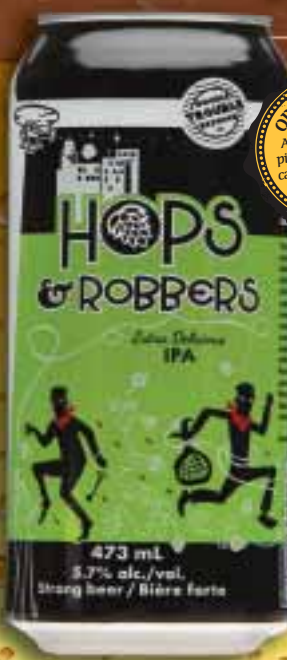
Google's regional communications manager Taj Meadows said Wednesday that the company was aware of the incident in Sa-eab village in Phrae province, in which about 20 residents blocked a Google camera-equipped car. Google's project takes photos to accompany its Google Earth map program.

The Manager newspaper reported the villagers took the vehicle's driver to a local office to quiz him, then to a temple where they made him swear on a statue of Buddha that he was not working for the dam project. **THE ASSOCIATED PRESS**



A Google camera is carried on a Florida beach. The Street View project caused a spat in Thailand when villagers thought the cameras were secretly surveying for a dam. VISIT FLORIDA/THE ASSOCIATED PRESS FILE

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Recession. For some EU firms, recovery has already gotten underway

Minube, a travel startup on the outskirts of Madrid, is doing something that many Spanish companies haven't thought about for years — it's hiring.

The company, which sells bookings as it helps travellers share their experiences using social media, has nearly doubled its headcount from 17 at the end of last year to 30. Business is booming as customers come in from across Europe — including some places hardest hit by Europe's economic crisis.

"We're finally starting to see a bigger growth curve in Spain, and the strong growth in Italy has been a surprise," Minube's co-founder, Pedro Jareño, said.

"The improvements we are starting to see in the market are constant."

That brighter — or less gloomy — backdrop was confirmed in figures Wednesday, which showed that the longest-ever recession to afflict the eurozone came to an end in the second quarter of the year. **THE ASSOCIATED PRESS**

Amazing \$#!@& Race

BodyBreak guru admits she cussed

BodyBreak fitness guru Joanne McLeod has issued a statement admitting she used a swear word during Monday's episode of The Amazing Race. McLeod and partner Hal Johnson,

known to Canadians for their sunny TV family fitness vignettes, were eliminated from the CTV series after an arduous test in Regina this week.

During the episode, McLeod seemed to drop an F-bomb after being chided by fellow competitors Brett Burstein and Holly Agostino. **THE CANADIAN PRESS**

Market Minute



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GOLD
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EU growth

0.3%

Eurostat, the European Union's statistics office, said the 17 EU countries that use the euro saw their collective economic output increase by 0.3 per cent in the April to June period from the previous quarter. That's the first quarterly growth since the eurozone slipped into recession in the last three months of 2011.

ROB FORD REALITY ROUNDUP

The Beaver Examiner brings you the latest fake news: Alleged Drug Dealer in Photo Mortified to Appear with Rob Ford

A 25-year-old man facing drug trafficking charges who appears in a newly distributed photo with Toronto Mayor Rob Ford says he is "deeply embarrassed" by it. "I'd like to apologize to my family, gang, and to anyone else I might have offended," said the man, who spoke to The Beaver Examiner on condition of anonymity. "I pose for a lot of photos, and if I had known it was Rob Ford, I would have politely declined." The uproar recalls a controversy last year when Ford appeared in a photo with a white supremacist. The supremacist later apologized.

'Bizarre' Viral Video Shows Rob Ford Working at Some Sort of White-Collar Job

Saying they've "never seen anything like it," millions of Internet users have watched a new video that shows controversy-prone



HE SAYS

John Mazerolle

metronews.ca

Rob Ford working away at some sort of bureaucratic job. Vancouver resident Rob Blumer says he has watched the video, Zoning Amendment SD-97, on YouTube a dozen times. "It's bizarre," Blumer said. "I clicked it waiting to see Ford say something crazy, but he just stands there, talking with other guys in suits. It looks like he's in, like, a meeting hall." Blumer said. Ford never swears, walks into anything or falls over despite the video's length of almost 11 minutes. "I don't know what it means," Blumer said. "Maybe it's performance art."

Stephen Harper Resigns After Doing Any One Thing Rob Ford Has Done

Prime Minister Stephen Harper has resigned in disgrace after doing any one thing that Toronto

Mayor Rob Ford has done. Exact details are still sketchy, but it's believed Harper may have lied about a DUI conviction, used his staff for personal business, threatened a couple at a hockey game, been

accused of smoking crack, or said cyclists who die have only themselves to blame. "Whatever it is that he did, this is an unprecedented controversy for Harper and I see no way for him to recover from it," said political scientist Martin Lye. "No politician can do any one thing Rob Ford has done and still be electable."

'Fiscal Record What's Important,' Doug Ford Says as he Chases Incoherent, Naked Rob Ford Through Shopping Centre

Coun. Doug Ford launched a spirited defence of his brother Rob Ford's record Friday while frantically searching for the mayor in a downtown shopping centre where he had last been seen running naked and repeatedly yelling "Woo!" Lashing into assembled media, Ford said that reporters were only focusing on Rob Ford because he had apparently set his clothes on fire before running around the blaze in a circle shouting "Let's party!" — forgetting that he had saved the city "more than a billion" dollars. "You can't attack us on our record, so you attack us just because he's over there skinny dipping in the coin fountain." As he propped up his brother from the fountain, Doug Ford noted that his brother had retrieved 45 cents on behalf of taxpayers.

ZOOM

Signed, sealed, delivered



DAVID HECKER/GETTY IMAGES

Rescued seals make their way home

Tim Fetting, left, and Peter Lienau from the Seehundstation Norddeich release young seals on the beach of the islands of Juist on Wednesday near Norddeich, Germany. The Seehundstation Norddeich is a facility for raising young seals who were separated from their mothers

due to storms, disease or human disturbance and who would otherwise have little chance of survival.

Volunteers collect about 90 young seals a year from the North Sea German coast and care for the pups until they weigh about 25 kilograms before releasing them back into the wild. Sponsors pay for the costs of caring for the seals and get to name them. GETTY IMAGES



A zookeeper feeds herring to young seals in the Seehundstation.

DAVID HECKER/GETTY IMAGES

Sorry kids, I got to go

- Four to 50 days is the length of time true seals (pictured) suckle their pups.
- This is because their feeding ground is usually far from shore, so after lactation the mother will dash, foraging to replenish depleted energy.

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

A tragedy happened in Egypt Wednesday, and the situation there is unlikely to improve soon. If you want a closer look at what's happening, here are three Twitter handles worth following.

Andy Carvin (@acarvin):

National Public Radio's senior strategist is a peerless curator of news from around the world, with a particular shine for the Middle East and a talent for finding citizen images.

Samer Al-Atrush (@samerAlatrush):

A Cairo-based wire journalist who frequently treats his Twitter feed as a public display for his reporter's notebook, which can obviously contain grim stuff.

Heba Morayef (@hebamorayef):

The Egypt director for Human Rights Watch is on the ground in Cairo, where she regularly posts updates from field hospitals and protest sites.



Supporters of ousted Egyptian President Mohammed Morsi run from Egyptian security in Cairo, Egypt, Wednesday.

MANU BRABO/THE ASSOCIATED PRESS

Comments

RE: Ladies, If You've Ever Tried To Get Your Man To Care About Home Decor, Be Careful What You Wish For, published Aug. 13

This article did nothing but state the perfectly obvious: cohabitation means compromise. But the title reads like, "Ladies, make sure you don't get your man interested in decor, because you won't get your way."

I find the piece rather rude, and it's more of a blog update on Jessica's personal living situation than offering couples any practical or emotional advice of *how* to work out a compromise. Sorry that you went to all that trouble to force your partner's opinion out of him, only to find he disagrees with you.

Aeric posted to metronews.ca

Twitter

@metropicks asked: Volvo's technology detects cyclists and stops if needed. Is it the solution to cyclist fatalities?

@WillMcQueen: Lowering cyclist deaths can be achieved by cyclists not being self-righteous a—holes, weaving, red-light runners.

@benrankel: The only way to make driving really safe is to remove the most fallible element — the human driver.

@neanderstaal: Drivers paying attention is the real solution to cyclist (and pedestrian and motorist) fatalities.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: winnieplegletters@metronews.ca

The hippie crossover

Know your MEME.
World music meets
electronica on last
day of music fest



**BACKSTAGE
PASS**
Jared Story
@metronews.ca

Pump up the volume.

Downtown Winnipeg will be booming this weekend as some of the world's best DJs invade the Exchange District for the fourth annual Manitoba Electronic Music Exhibition (MEME).

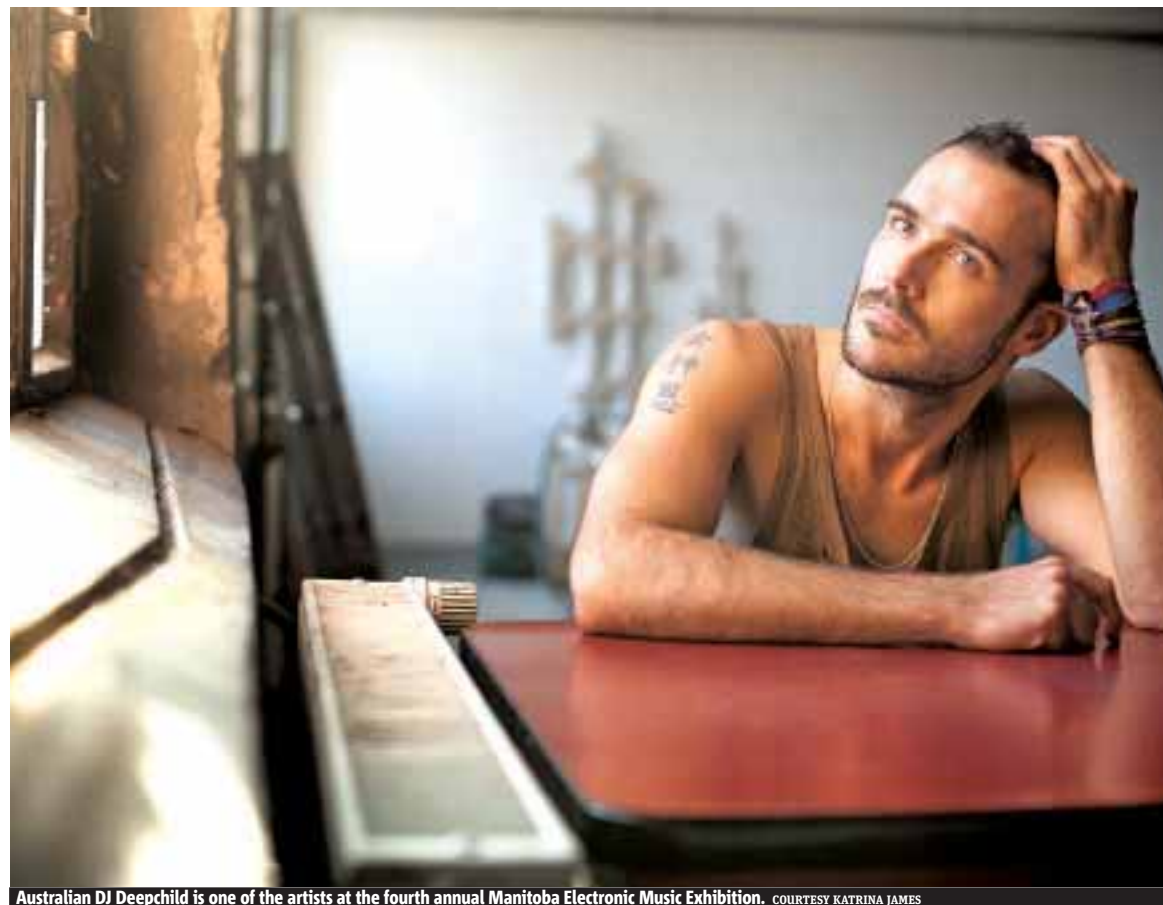
"The set up at The Cube will really be something else this year," says Nathan Zahn, electronic music DJ/promoter and director of MEME.

"There's a Calgary-based company called PK Sound who's done Burning Man, Shambhala and the Skrillex show at the ballpark last year. They're bringing a really impressive sound system to The Cube. We're also bringing in a big light show from a local company. It will be the most impressive light show and sound at The Cube ever."

The party at Old Market Square is free all weekend, with Deepchild — a Berlin-based Australian DJ — headlining on Friday and Funk d'Void — a veteran of the mid-'90s Glasgow techno scene — capping off Saturday.

On Sunday at The Cube, MEME will do something a little different; something Zahn says is perfect for the electronic uninitiated.

"It will be more crossover acts and have kind of a Folk Fest



Australian DJ Deepchild is one of the artists at the fourth annual Manitoba Electronic Music Exhibition. COURTESY KATRINA JAMES

tival vibe, with a lot of world beat, Middle Eastern, Turkish-influenced sort of electronica," Zahn says. "A lot of people that like the world music at Folk Fest will like it. It's total hippie crossover music."

In addition to the free programming at Old Market Square, there are paid parties at The Cheer and Republic Nightclub tonight, as well

music and digital art parties at the Winnipeg Art Gallery and the Pantages Playhouse Theatre, until 4 a.m. Friday and Saturday respectively.

German producer Daniel Steinberg headlines the main room at the WAG. As far as the Pantages show, Zahn says Vancouver one-man band Longwalkshortdock is a must-see.

"He sings, plays electric per-

cussion and synthesizer and has long hair. He has a heavy metal attitude over a really cool funky techno thing," Zahn says.

In addition to over 70 music acts and video artists, MEME features an electronic music workshop on Saturday.

Zahn says the MEME crew is already planning its fifth year and is happy with how

the festival is growing.

"We have a lot of people who ask to play here now," Zahn says. "I think we've raised a few eyebrows around North America and a few international cities. We've become a tour stop in the electronic scene."

For MEME show times, plus venue, artist and ticket information, go to memetic.ca.



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page for that
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Ford isn't as scary as he is on screen

Interview. He has a reputation now for being impatient with poor interviewers, but it's not half as scary as his role in the new thriller *Paranoia*

MATT PRIGGE
Metro World News

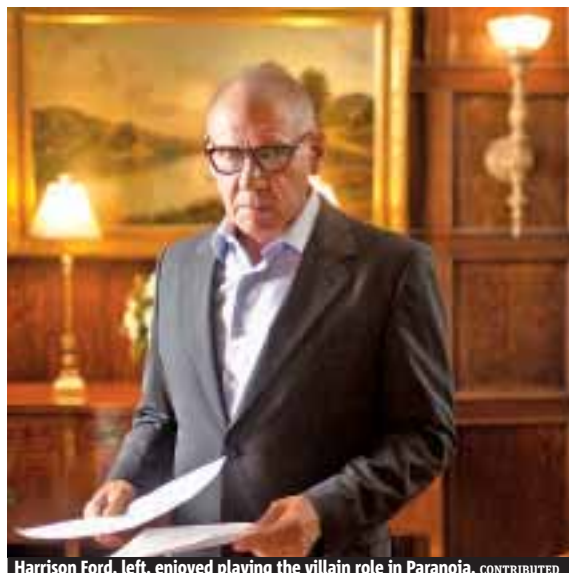
Harrison Ford isn't as terrifying to talk to as you might have heard. Over the years he's gotten a reputation as gruff, pissy, overly succinct and transparently wishing he was somewhere else. This isn't completely untrue — as long as your questions aren't too dumb, and especially if they aren't about *Star Wars* or Indiana Jones. Now 71, he's relaxed into supporting or at least co-lead roles, which he continues as one of the villains in the tech world thriller *Paranoia*. And though we were too scared to ask him about his involvement in the next *Star Wars* entry, we did get some information on his newest flick.

Paranoia touches on some important issues: income

Putting away the whip

"It's just something different. It's something unexpected for the audience."

Harrison Ford
On his movie *Paranoia*.



Harrison Ford, left, enjoyed playing the villain role in *Paranoia*. CONTRIBUTED

gaps, greed, health insurance. Were these what drew you to the film?

No. I was drawn to the character and the relationships, and the manipulation of an ambitious young person by two powerful businessmen. The cat and mouse of the whole thing is what interested me — and the opportunity to play a character different from what I've played lately. I haven't played the bad guy for a very long time.

He's not just a stock villain, though. He actually seems, for a time, genuine.

That's what I liked about it. He's a manipulator. And he has a ripe one on his plate. What interested me

was the complexity here. There's not only corporate greed and perfidy; there's a young man who has a bit of the blind ambition issue. So he's ripe for manipulation.

What did you do that was different for you?

I shaved my head. I shaved my hairline back and dyed my hair for 42. There was no way it was going to grow out in time to be useful. So I presented myself to Paramount people with a shaved head, much to their surprise.

What's fun about playing a villain?

It's just something different. It's something unexpected for the audience. I'm just happy to have fun.



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Last Week: 1 / Weeks on List: 1



2. I DECLARE Joel Osteen

Words have always had power. Joel Osteen's *I Declare*, now available in paperback, offers daily inspirations that harness the power of words. Shift the way you describe your life by declaring your blessings, and change will swiftly follow.

Last Week: 2 / Weeks on List: 1

This Week

Last Week Weeks on List

- | | | |
|--|----|----|
| 3. WAGING HEAVY PEACE Neil Young | 3 | 2 |
| 4. THE WHITE PRINCESS Philippa Gregory | 4 | 3 |
| ★ 5. WALLBANGER Alice Clayton | - | - |
| 6. MISTRESS James Patterson | 6 | 1 |
| ★ 7. ROSE HARBOR IN BLOOM Debbie Macomber | - | - |
| ★ 8. THE LAST KISS GOODBYE Karen Robards | - | - |
| 9. THE GUTS Roddy Doyle | 9 | 1 |
| 10. FIRST SIGHT Danielle Steel | 10 | 5 |
| ★ 11. THE INCONVENIENT INDIAN Thomas King | - | - |
| 12. THE ENGLISH GIRL Daniel Silva | 12 | 5 |
| 13. THE OCEAN AT THE END OF THE LANE Neil Gaiman | 13 | 9 |
| 14. THE CASUAL VACANCY J.K. Rowling | 5 | 3 |
| 15. INFERNO Dan Brown | 7 | 12 |
| 16. WILD Cheryl Strayed | 16 | 20 |
| 17. LET'S EXPLORE DIABETES WITH OWLS David Sedaris | 17 | 17 |
| 18. CRAZY RICH ASIANS Kevin Kwan | 8 | 2 |
| 19. I WEAR THE BLACK HAT Chuck Klosterman | 19 | 3 |
| 20. THE SECRET KEEPER Kate Morton | 11 | 5 |

Combined Fiction and Non-Fiction Bestsellers for the week, ending August 19th

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Meth addiction has been good for tourism

Walter's legacy. The backdrop for *Breaking Bad*, Albuquerque, has made bank on the popular AMC show

It's been five years of meth addicts, deadly shootings, violent drug traffickers and hidden secrets of the desert.

And throughout the filming of AMC hit television series *Breaking Bad* in Albuquerque, interest in this Southwestern city from tourists has grown and local businesses have sought to cash in. A doughnut shop sells treats laced with blue "meth" toppings, for example, while a bike rental business gives tours of characters' favourite spots.

But now that *Break-*



A license to print money. RUSSELL CONTRERAS/THE ASSOCIATED PRESS

ing *Bad* is returning for its final episodes, Albuquerque shops and tourist attractions

are trying to take advantage of the popular show's last moments before the series

fades from memory.

The city's visitors' bureau hosted a watch party Sunday for the premiere of the last season's first episode, drawing more than 450 fans. Stores held specials to sell *Breaking Bad* memorabilia.

There was even a *Breaking Bad* marathon at Immaculate Conception Catholic Church in Albuquerque, followed by mass, then its own watch party for the last season's premiere.

"It's been great for us," said Debbie Ball, owner of The Candy Lady store, who sells blue *Breaking Bad* meth treats and offers limousine tours of scenes from the series. "People are always coming in and asking about *Breaking Bad*. I hate to see it end but I also can't wait to see how it ends."

Breaking Bad, which was filmed largely in Albuquerque, follows former high school teacher Walter White, played by Bryan Cranston, producing and selling methamphetamine with a former student, Jesse Pinkman, played by Aaron Paul. The show, with its dark themes and addictive storyline, often features different parts of the city from a regular car wash to well-known local restaurants.

THE ASSOCIATED PRESS

Twilight author. Meyer likes getting hands dirty as *Austenland* producer



Executive producer Stephenie Meyer, left, director Jerusha Hess and writer Shannon Hale at the *Austenland* premiere. TODD WILLIAMSON/THE ASSOCIATED PRESS

When Stephenie Meyer's name is mentioned, most people think of her *Twilight* Saga vampire books and films. But the author wants a new audience as a film producer.

Meyer produced *Austenland*, starring Keri Russell and based on the novel by Meyer's friend Shannon Hale. The film, directed by Jerusha Hess, opens in limited release Friday.

Although Meyer was a producer for The *Twilight* Saga-Breaking Dawn films and the movie adaptation of her novel *The Host*, this is the first time she's produced someone else's work. She said in a recent interview that she got to be "a little bit more hands-on, a little more dirty" with producing duties.

Austenland is a romantic comedy about a single 30-something woman (Russell) obsessed with Jane Austen novels who spends her life savings to visit a British

Books into movies

Meyer has optioned the books *Down a Dark Hall* and *Anna Dressed in Blood* for film.

- **Certainly not for the money.** She said it's a coincidence that she's turning back to the supernatural world with the two young adult ghost stories.

Jane Austen theme park.

"We made a lot of mistakes and we learned a lot more because we are allowed to make mistakes," Meyer said of her *Austenland* crew, adding that she was "surprised that it all worked out so well."

Meyer said she enjoyed the "collaboration" and "socialization" of producing and found a "different kind of creative outlet."

THE ASSOCIATED PRESS

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It took some persuading, but Oprah's baaack!

The Butler. Winfrey talks about why she decided to do her first film since 1998 and why this role, with its intensity, was important for her

MATT PRIGGE

Metro World News

There was one major reason Oprah Winfrey returned to screen acting for her most prominent role since 1998's *Beloved* — and his name is Lee.

Winfrey worked with director/producer Lee Daniels behind the scenes of his breakout work, *Precious*, which she also executive produced. She was coerced in front of the camera for his fourth directorial work, Lee Daniels' *The Butler*, playing the wife of a man (Forest Whitaker) who works at the White House from the 1950s through the '80s.

"I wanted the opportunity to be in his hands, really," she says, adding he was relent-

less in pursuing her. "I was telling him, 'Lee, I got a network thing going on. But he wouldn't listen to me. He'd been stalking me for some time.'"

Of course, there was also the subject. The film spans the beginning of the civil rights movement and ends with Obama's election.

"I'm a historian of my own history — of African American history. I believe that when you know who you are, you have the ability to move forward not only with your own strength, but with the strength of your entire ancestry," Winfrey says.

While specifically about black culture — and in a way that doesn't portray it through white eyes, despite a Caucasian screenwriter (Danny Strong) — the film is also, she says, universal.

"You see the two of us at the bus station sending our son off to college. That's how every parents, regardless of race, regardless of economic background, feel when you have to let go of your son."

There's also her character: the long-suffering wife of a workaholic.

"I thought a lot about what it meant to be a woman in the '50s and '60s. All of us got a lot of fire inside us. What is it like to have that fire but have nothing to do with it? You can't just sit around watching *Edge of Night* all day long, make a sandwich, have a beer, tiptoe with the next-door neighbour," Winfrey explains. "This gave me the opportunity to show the women

of that era. Gloria, for me, is not just herself but a composite of the women of the era, who sacrificed herself to become the stabilizing force of her family."

In terms of race relations today, Winfrey doesn't feel like she has a side she shows white — or black — audiences.

"I feel I have made a living being myself. I've made a

career out of my own authenticity. I don't have one face I present to the white world or to the black world. I talk to my dogs the same way I'm speaking right now."

But she understands that her being able to feel that way was heard-earned, by others.

"I am the daughter of a maid, and my grandmother was a maid, and her mother

was a maid, and her mother was a slave," she says. "I feel validated by the war that the butler and his entire generation fought in their own way. And the fact that there's another generation of freedom writers and freedom fighters that, because of evolution and growth and change, decided they weren't going to do that anymore. Both wars were necessary for their times."



Oprah Winfrey as Gloria Gaines and Forest Whitaker as Cecil Gaines star in *The Butler*. ANNE MARIE FOX/THE ASSOCIATED PRESS

Overtime with Winfrey

A few extra comments from Oprah Winfrey

- **On her notoriety.** "Contrary to what everyone assumes about me, I'm really not a control freak. I like to hire someone who knows what they're doing so I don't (have) to do it. Then they come back to me and tell me it's done. That's how I like to operate."
- **On her director.** "What is exciting about him and why we love him is he is a truth seeker. He will not let any of his actors get away with a single breath that's a false moment. I can testify to that."

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Angelina Jolie and Jennifer Aniston METRO PHOTO ILLUSTRATION

Once feuding stars avoid 11 hours of first class airline awkwardness

Angelina Jolie and Jennifer Aniston nearly had 11 hours of awkward silences as they were both booked in the first class section of a British Airways flight from L.A. to London Sunday, but Aniston reportedly moved her flight to the next day at the last minute, according to Us

Weekly. "Whether it was because Angelina was on the Sunday flight, we don't really know, but she did change it," a source at the airline says. "The airline has VIP greeters who do chat about this sort of thing and may have informed each other of the (Aniston-Jolie) conflict, but nobody can say for sure."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Three big red Xs for Cowell after Electra breakup

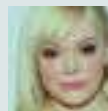
While Lauren Silverman's reported pregnancy is making Simon Cowell's life more complicated, it's not the first time his involvement with Silverman has made waves in the X Factor boss' personal life.

Cowell's dalliances with Silverman reportedly put

an end to his fledgling "hot and heavy" romance with Carmen Electra, according to E! News. "Carmen was at Simon's house in L.A. when she literally busted him with Lauren," a source says. "Simon called her a friend, but there was nothing platonic about what was going on, if you know what I mean."

According to the source, Electra quickly called off her relations with Cowell. "There was no way she was going to stick around and be a third wheel," the source says.

Twitter



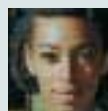
@rosemcgowan

Going through my contact list is like a quick trip through bad times



@SethMacFarlane

Oh cool, a new superhero movie. That is refreshing indeed.



@solangeknowles

Where does one dance at this hour in this big apple?



Jennifer Garner ALL PHOTOS GETTY IMAGES

Garner joins privacy fight for celeb kids everywhere

Jennifer Garner is joining Halle Berry in pushing for a California bill that would make it illegal for paparazzi to photograph their children. "I chose a public life. My three children

are private

citizens," Garner said while testifying before the California State Assembly Committee on Public Safety in support of the proposed anti-paparazzi bill, according to E! News. "I love my kids. They're beautiful and sweet and innocent, and I don't want a gang of shouting, arguing, lawbreaking photographers who camp out everywhere we are all day, every day, to continue traumatizing my kids."

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How to makeup for your masculine ensemble

If you're slipping into a tweed blazer, an oversized cardigan or a sleek women's tux this fall, the right beauty look is the perfect accessory to complete your menswear-inspired outfit.

The choice is yours to do a 180-degree turn and go with hyper-girlie, or stay strictly tomboy. Either can complement the more masculine clothing silhouettes.

Makeup with menswear is a little more important than other styles because with a neutral, muted palette of greys, blacks and browns, "you want to have a little life to your face, a little health and vigour," says Linda Wells, Allure magazine's editor-in-chief.

When suiting up in this fall trend, women have choices for their beauty look, she says.

"Are you going to exaggerate the menswear look and play it up fully, or are you going to offset it with something feminine?" Wells says.

To soften menswear staples like grey flannel and houndstooth, which are so often fashioned into tailored items, add femininity by playing up the eyes or lips, experts advise, but not both at the same time so your features don't com-

pete.

"You want to add feminine flair throughout the face if you can't have it on the body through the clothing," says Myiesha Sewell, a Sephora Pro makeup artist.

For a ladylike touch,



Wells envisions soft hair with a little wave to it falling over the forehead along with a rich burgundy lipstick, or dark, smoky eyes featuring grey eye shadow, eyeliner and lots of mascara. "Who doesn't want to be a femme fatale?" she says of the "sexy androgyny" combination of feminine makeup and menswear.

THE ASSOCIATED PRESS

Talk to the T: Say it loud, say it stylish with a graphic shirt

Stay on top of this fashion craze. Comics, creatures and credos are covering your fave back-to-school staple this fall

The T-shirt and graphic shirts are one of fashion's most basic items, but even with today's popular slim cuts, there's wiggle room to change up the style. That can be pretty important to the kids and teenagers who practically live in them but like to feel that they have something new when they go back to school.

This year's news comes in next-generation graphics, old-school characters and witty or powerful phrases.

"The best and most memorable graphic Ts throughout the years are the ones that capture the pulse of that



time," says Tana Ward, senior vice-president and chief merchandising officer for American Eagle.

Because of the price — and frequency of wear — T-shirt trends also can move quickly because they aren't intended as long-term investment pieces.

"This is an affordable fashion change," says Seventeen fashion director Gina Kelly.

"Graphics are really, really

big in the teenage market, and so is nostalgia," Kelly says.

"At 16, a girl understands irony, and that makes it cool to do some things. You also have T-shirt companies borrowing from the runways like Givenchy, and that's where you'll see space prints, high-fashion prints — and photo-realism prints are definitely big, too."

It's all about image and

messaging, which this generation is very comfortable with, she says. "It's about affirmation on your chest. You are making your statement, whether making

you are fun of designers with a 'Celine as Celfie' shirt or saying you loved Hello Kitty when you were in kindergarten."

The heavily logoed look also is passé, says AE's Ward. "Today, our customer is focused on projecting a personal identity. ... Our girl is also much more aware of the artistic side of graphic design and how it adds texture and interest to her outfit."

Zip! Boom! Pow!

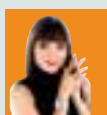
Betsy Zanjani of Forever 21 points to the comics craze — taking note of the pop culture phenomenon that Comic-Con has become — as one of the strongest influence on T-shirts.

- Forever 21 has opened in-store Marvel Comics shops as the retailer noted "an almost cult following of old-school comic strips and vintage action figures," she says. "Things that are vintage and retro are really strong in both our male and female businesses."

All she needs is a circle mini skirt and a pair of printed jeans (two other popular back-to-school items this year), and she is good to go, says Kelly.

THE ASSOCIATED PRESS

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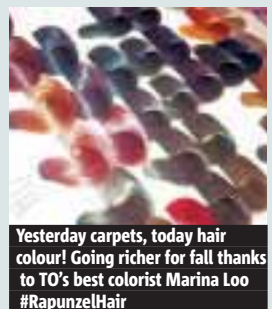


JEANNE SPACE
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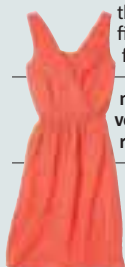


Yesterday carpets, today hair colour! Going richer for fall thanks to TO's best colorist Marina Loo #RapunzelHair

Trends Report



- Are you a fan of the Netflix series Orange is the New Black? For this week's Trends Report, I decided to see if orange can be the new black — without it looking like a prison jumpsuit. Go online to see my orange-theme fashion finds and judge for yourself.



metronews.ca/
voices/trends-report

Follow Irene on Twitter at @MetrolreneK

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Ashley Kowalewski, TheKit.ca



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There is no definitive glamping experience, with accommodations ranging from simple tents to extravagant stays costing \$10,000. From left: REO Rafting in B.C., Fireside Resort in Wyoming and Clayoquot Wilderness Resort in B.C. CONTRIBUTED

What on yurt is this?

Glamping. Like regular camping's cousin, but with more glitter



JESSICA SMITH
jessica.smith@metronews.ca

You're lying in your tent, a little thirsty.

If you throw on your boots and head to the pot of purified water by the fire pit — you're camping.

If you ring the bell on your bedside table and ask the butler for a wine spritzer — you're glamping.

Glamping — glamorous meets camping — is the kind of vacation that straddles two worlds: The rugged outdoors and keep-your-hands-clean comfort of home.

"The idea started when the British would go down to Africa for safaris and they would have their big luxurious canvas tents, pack a bed," said Ruben Martinez, co-founder of GlampingHub.com. "To the best of our knowledge, that's where the idea started and over the last few years the trend has grown."

Sometimes, the difference between camping and glamping is little: A canvas tent and a real bed, versus nylon and a bedroll. But most anything can be glamping if it's not a traditional house, hotel, RV or cabin and provides immediate access to nature.

"These places keep popping up," Martinez said. "They range from relatively simple tents, tree houses, yurts to the really extravagant."

How extravagant? "Some of these places have butlers, they have wine service, fantastic views, king-

Metro tries it out

Liz 'n' Liz go glamping

Last week, Metro writers and avid campers Liz Brown and Liz Beddall gave glamping a try with Long Point Eco-Adventures in St. Williams, Ont. Here's what they thought of the experience:

Beddall: Well Liz, we went glamping and survived. Nay — thrived! When's the last time you returned from a wilderness excursion with thoroughly conditioned hair and a belly warm with Pinot Noir?

Brown: Never, Liz. But I've also never set up camp across the road from a winery — Burning Kiln Winery to be exact. But the best perk for me was a flush toilet inside the tent. No more hikes to the outdoor can for me!

Beddall: I felt the pièce de résistance of our stay was the king-sized bed we snoozed in after our Zodiac boat tour and astronomy lesson. The plump pillows were a slight step up from the toilet paper roll I once employed on a canoe trip to cushion my cranium against a bed of rocks.

Brown: What about the



Liz Brown and Liz Beddall toast to the good life on the porch of their wilderness suite with Long Point Eco-Adventures in St. Williams, Ont. Aside from offering visitors luxury accommodations and on-site activities, the facility prides itself on being deeply eco-conscious. LIZ BEDDALL/METRO

built-in shower? I had some doubts about scrubbing up in the open air, but the stream of steamy water on a cool morning was incredibly refreshing. But enough about the tent, what about the activities?

Beddall: Once we left our tent of wonders, the glamping experience seemingly ceased. Zip-lining high above the Long Point Bay World Biosphere is not, at least for me, a soothing experience. Having those options made me feel less

like I was a traitor to the camping community. You?

Brown: Let's not kid ourselves. We're losing some roughing-it cred by waxing on about glamping. Saying we went zip-lining isn't going to redeem us.

Beddall: You're right. The likelihood of us being excommunicated from the backwoods brotherhood is high. But Liz, no one can fault us for accepting a pizza delivered directly to our tent, courtesy of local

restaurant Surfside Pizza.

Brown: True. And it's not like hardcore campers come out of the bush looking forward to a homecoming meal of jerky and granola. So, what's the verdict? Are you a glamping convert?

Beddall: Liz, the call of the unvarnished wilderness will always grunt loudly in my ear, but I'll never forget the sweet, siren-song of the ever so decadent Eco-Adventures camp in St. Williams.

sized bed — you name it," he said. "Some of these places can be pretty ridiculous."

One of Canada's most glamorous is the Clayoquot

Wilderness Resort.

"We're in the heart of Clayoquot Sound in the middle of the UNESCO world biosphere," said Katherine Mac-

Rae, director of marketing for the resort. "We're 40 minutes by boat to the closest town and there's no road access."

The all-inclusive resort in-

cludes the seaplane trip from Vancouver, locally sourced five-course meals with wine pairings and activities.

"We have world-class sal-

mon fishing out here, horse-back riding is one of our big adventures," said MacRae, adding there's also a spa, hiking, skeet shooting, kayaking, archery, rock climbing and paintball.

MacRae says her resort was the original North American tented safari. An all-inclusive tent for two costs \$9,500 for three nights.

Canada has its fair share of yurts, but glamorous camping is worldwide.

At the Four Seasons Tented Camp Golden Triangle in Thailand, you'll arrive riding an elephant to your tent, which is billed as "reminiscent of 19th-century adventure expeditions with handcrafted furniture, hardwood floors and traditional thatched roofs."

From there, you eat fine Thai dining, go to the spa, swim in one of the pools or go on an excursion.

Prices fluctuate, but three nights for two guests in January 2014 will cost more than \$10,000 for the "superior" tent, more for the "deluxe."

Exclusively online

Go to metronews.ca for more on glamping:

- See photos of the most glamorous glamping destinations in the world
- Click through an interactive, detailed version of the glamping graphic
- Follow Metro reporters' glamping adventure (in photos)



Glamping vs. camping



IRENE
KUAN
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Trek

One of the appeals of camping may be the journey itself, navigating your way through the woods until you can settle at that perfect spot, far away from civilization but still close enough to get a radio signal. Glamping offers the same experience, but with perks, including a lit pathway, or even a GPS-equipped SUV to get you to your glampsite.

Tents

A successful camping trip begins with setting up your own tent. For about \$100, you can purchase a water-resistant polyurethane tent that sleeps two. Glampers also sleep in tents, but "glammed" up — the accommodations can include heat, electricity and plumbing, plus plush beds and fine linen, with rooms from \$350 per couple for a weekend stay. (Long Point prices)

Food

You can't call it camping without a classic cookout over a fire, roasting wieners and s'mores, and washing it down with beer. Just remember to string your food up in a tree, unless you want a late-night visitor. Glamping takes the hands-off approach — there's concierge service, fine dining and wining, and even late-night pizza delivery.

Bathroom

Campers, don't forget a mini-shovel and a roll of TP, unless you want to use leaves ... just try to avoid the poison ivy. Glamping accommodations can come equipped with working toilets and running hot showers, either on the site, or close by so you never have to dig a hole to do your business.

Packing

Campers need to carry everything they need on their back, including their roof, so packing diligently is important. Glampers can relax here, since their lodging is usually fully stocked, so carrying a little extra such as a change of clothes and shoes, and some fun electronics is possible.

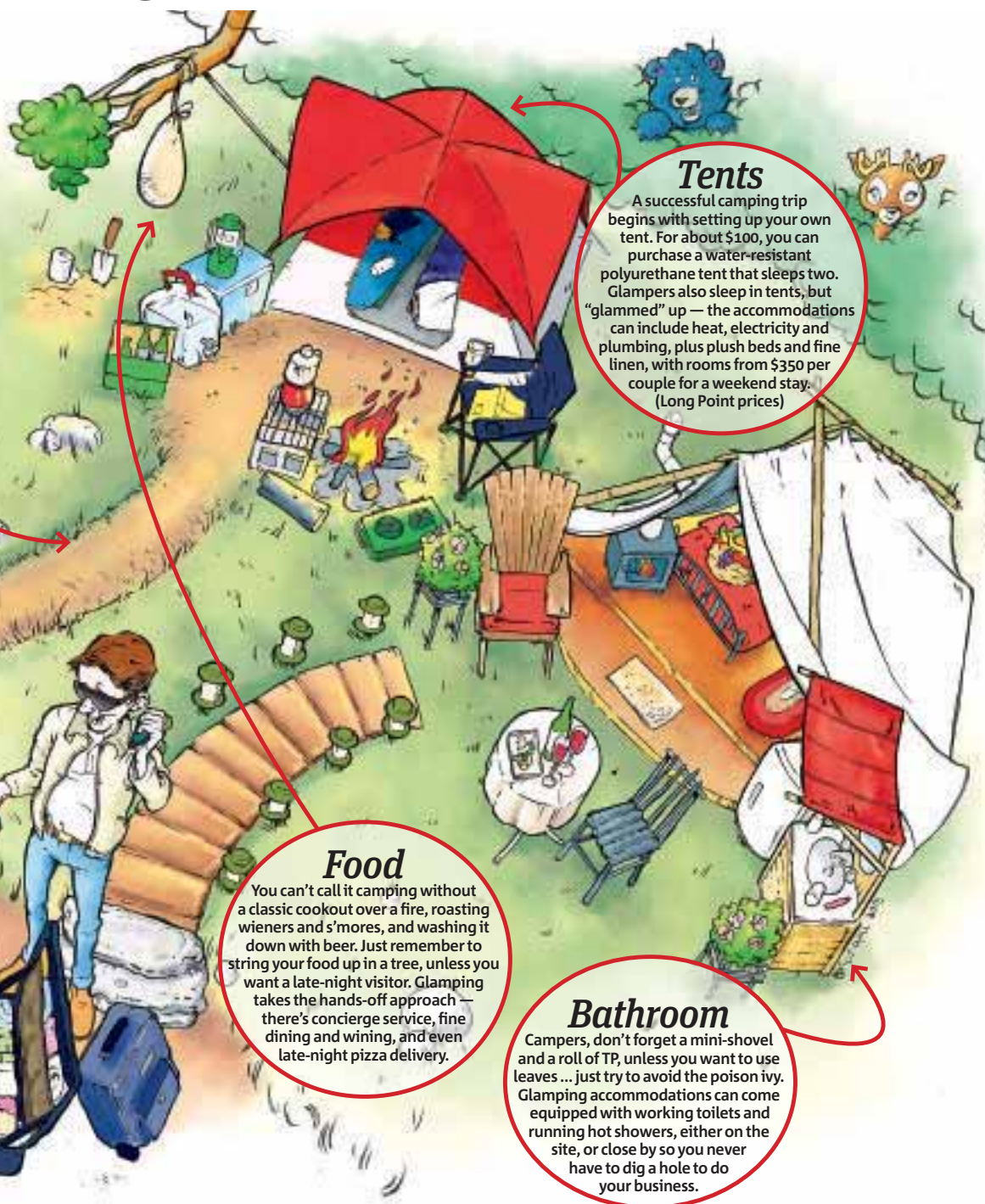


ILLUSTRATION BRICE HALL/FOR METRO

Oh Gadd: Silly glampers, heels are for cities

Glamping may seem like a good idea to some, but to an expert camper it's a "silly" idea.

Ben Gadd, naturalist, geologist and author of the Canadian Hiker's and Backpacker's Handbook, is an expert in helping ordinary people experience the wilderness.

He was a guide at Jasper National Park in Alberta for more than 30 years and glamping doesn't impress him at all.

"I think glamping sounds quite silly, but fun," said Gadd.

"It's as if you're taking the most extreme elements of

city life, like high heels and glasses of wine, and you're taking that into the situation where we lived as hunter-gatherers.

"It seems to me almost a spoof. I couldn't take it seriously. I don't know how it would have some sort of benefit to you."

Asked why people from the cities go into the wilderness, Gadd says: "It's because, I think, that's where we come from."

"Our species grew up in the wilderness and, like any other organism, we search out the environment in which we're most likely to

prosper.

"Any creature knows that instinctively."

If people want to try serious camping, the Alpine Club of Canada has a network of groups, events and mountain huts to help. Visit alpineclubofcanada.ca for information. MIKE DONACHIE/METRO



Ben Gadd CONTRIBUTED

Holy easy to make guacamole!



ROSE REISMAN
For more, visit
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There is nothing more delicious than homemade guacamole.

The key is finding a ripe avocado for the delicate texture and flavour.

Store unripe avocados in a paper bag, but don't refrigerate them.

1. Combine the avocado, cilantro, tomatoes, mayonnaise, jalapeño, garlic, lemon juice, and salt and pepper in a small bowl.

2. Serve with crackers, crudités or as a garnish.

Guac facts

- **Prep.** This recipe takes only 10 minutes to put together.
- **Make ahead.** Make a couple of hours before serving. Too early and the avocado will brown.
- **Nutrition information per serving (1 tbsp/15 ml).** 19 calories, 0.17 g protein, 0.9 g carbohydrates, 0.5 g fibre, 1.8 g total fat, 0.3 saturated fat, 0 mg cholesterol, 45 mg sodium

Ingredients

- 1/2 cup mashed ripe avocado
- 2 tbsp chopped cilantro
- 1/3 cup finely diced tomatoes
- 1 tbsp light mayonnaise (50 % reduced)
- 1 tsp finely chopped jalapeño
- pepper (or 1/2 tsp/2 1/2 ml hot chili sauce)
- 1/2 tsp finely chopped garlic
- 2 tsp lemon or lime juice
- pinch of salt and pepper



This recipe makes 2/3 cup (160 ml). COURTESY ROSE REISMAN

For your phone

ChefsFeed (iPhone; free)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Chefs will never forget a great meal prepared by someone else. This social network lets them share such discoveries, sorted by location and dish, for your taste buds to follow.



A morning fiesta for your taste buds

1. Place the eggs in a small saucepan. Add enough cold water to cover by 1 inch. Bring the water just to a boil, then remove the saucepan from the heat, cover it, and set it aside for 10 minutes. After 10 minutes, transfer the eggs to a bowl of ice and water and let cool completely.

2. While the eggs are cooking,

Ingredients

- 8 large eggs
- 1/2 cup finely chopped tomato
- Kosher salt
- 1 tbsp plus 1 tsp minced jalapeños (discarding seeds and ribs, if desired), divided
- 1 tbsp plus 2 tsp lime juice, divided
- 3 tbsp minced white onion, divided
- 1 tbsp chopped fresh cilantro
- 1 very ripe Haas avocado, peeled, pitted and coarsely chopped
- 1 tbsp low-fat mayonnaise
- Ground black pepper



This recipe makes 16 stuffed egg halves MATTHEW MEAD/ THE ASSOCIATED PRESS

in a colander toss the tomatoes with a hefty pinch of salt and let drain for 10 minutes.

3. In a small bowl, combine the drained tomatoes with 1 teaspoon of the jalapeños, 2 teaspoons of the lime juice, 1 tablespoon of the onion and the cilantro. Toss well, then set aside.

4. Once the eggs have cooled, peel and halve them lengthwise. In a small bowl combine 6 of the yolks (discarding the

remaining 2 or saving them for another use) with the avocado, mayonnaise, and the remaining 1 tablespoon of lime juice. Mash with a potato masher or fork until the mixture is smooth with a few lumps.

5. Stir in the remaining onion and jalapeño, add salt and pepper to taste. Mound the egg-avocado mixture into the egg whites and top each one with some of the salsa. **THE ASSOCIATED PRESS/SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNERS.**

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BACK TO SCHOOL

Thursday, August 15, 2013



Model good reading habits for your children and continue reading to your kids even after they can read on their own. JACK HOLLINGSWORTH/PHOTODISC/THINKSTOCK

The early bookworm gets the grades

MICHELLE WILLIAMS
For Metro

Not every child is a born reader, but there are ways to encourage your child to become a good reader.

Start by letting them read what they enjoy.

"Your child will be most engaged when you discover reading materials that interest them," said Halton (Ontario) District School Board elementary school teacher

Kevin Foster. "It doesn't have to be standard reading material. Comic books, graphic novels and magazines all have great text features that tie in to the visuals for easier comprehension."

Head to the library or bookstore together and discover subjects they enjoy reading about, then be sure to have those books or reading materials on hand.

Be sure that the level is appropriate by previewing what they read.

Easier comprehension

"It doesn't have to be standard reading material. Comic books, graphic novels and magazines all have great text features that tie in to the visuals for easier comprehension."

Kevin Foster, Halton (Ontario) District School Board elementary school teacher

"If it's too difficult, kids get frustrated and disengage," Foster said.

He suggests the "five-finger rule" — if there are more than five words your child is

struggling with on the page, then the book may be too difficult for them.

Think outside the printed page.

"Kids who are spending

time on a computer are often getting in lots of reading online," Foster said. "There are all sorts of cool websites that will engage young readers."

You can also take it outside — read things together like menus, road signs and licence plates.

"Let kids experience reading in many different ways and settings."

Model good reading habits for your children. Read a lot yourself and continue reading to your kids even after

they can read on their own.

"It's important to demonstrate great fluency, intonation and expression so they see that reading is more than decoding words," Foster said.

Remember to stop and ask questions.

"It's a great way to make deeper connections with their past experiences and to check their comprehension."

Finally, set aside some quiet time for reading to foster independence, as well as reading skills.

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A few notes about music



Studies have shown that music helps children perform better in math and their language development is enhanced. TOP PHOTO GROUP/THINKSTOCK

Music has been proven to boost school performance

MICHELLE WILLIAMS
For Metro

Whether kids are listening, playing or singing, all experts agree that music is a valuable component of a child's education.

"Music helps children learn in so many ways," said Lena Palermo, a music teacher with the Toronto Catholic District School Board and director of Star Potential Studios, a children's musical theatre company. "Music has been proven to boost how kids perform in school."

Studies have shown that music has a powerful effect on a child's achievement — they perform better in math, their language development is enhanced, and they score higher on IQ tests.

Form of self-expression

"Music can be improvised, like art, so it can be a child's own form of self-expression and creativity."

Lena Palermo, a music teacher with the Toronto Catholic District School Board

Music has many other benefits for children.

"It gives kids a sense of identity, especially when they're part of a group," Palermo said. "There's team work involved in making the right sound, so music in this sense provides a sense of inclusion, helps build social skills, friendships and confidence. And when you focus on music, you leave everything else at the door. You're welcomed into that different space, so it's a great stress reliever."

The breathing techniques you learn when you sing or

play an instrument are also ideal for relieving stress and enhancing posture.

Creatively, music is a perfect way for kids to express themselves.

"Music can be improvised, like art, so it can be a child's own form of self-expression and creativity," Palermo said.

Learning to play an instrument also teaches children about patience.

"Our kids are so used to immediate gratification. Playing an instrument requires a lot of repetition and work, time and practice, so patience and persistence are

natural outcomes of learning music."

What can parents do to foster a love of music and encourage kids to become more musical?

"Students learn some musical basics in school; once they know how to read notes, it's easier for them to learn an instrument," Palermo said.

There are community programs to teach kids the basics of instruments like piano and guitar.

The popularity of TV singing competitions and the TV show Glee has also promoted an interest in singing, choirs and glee clubs.

Call a local music school or check online for opportunities in your neighbourhood for musical theatre groups, classes and camps.

Building friendships

It's not always easy to make new friends, more so if your child is moving to a new school. When should parents worry about how their children are managing socially at school?

Kathy Lynn, a parenting expert, speaker and author of Parenting Today, suggests that a good strategy when switching schools or helping kids forge new friendships is to get them involved in activities, sports or clubs that they are interested in at school.

"It's a great way for kids to break in and find friends who are like-minded and have similar interests."

Initially, assume children are managing well unless there are warning signs.

"If your child isn't talking about other kids, seems to always be alone or is having trouble sleeping, then have a talk," Lynn said.

One way to help your child is role playing. Show your child how to approach another child or group and ask if it's OK to join in.

"Kids don't pick up the social cues when someone wants to join in, so it's important to teach your child to seek out friendships — and perhaps notice others who are looking to make new friends."

It's also essential to welcome kids into your home.

"Make your house the place where other kids want to come and play, have snacks, make noise and a mess," Lynn said.

Finally, don't worry if your child doesn't have a big group of friends.

"Some kids are happy with one or two close friends, and it's important to honour their personalities and let them be who they are."

MICHELLE WILLIAMS



Help kids forge new friendships by getting them involved in activities, sports or clubs that they are interested in at school. ISTOCKPHOTO/THINKSTOCK



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BACK TO SCHOOL BARGAINS

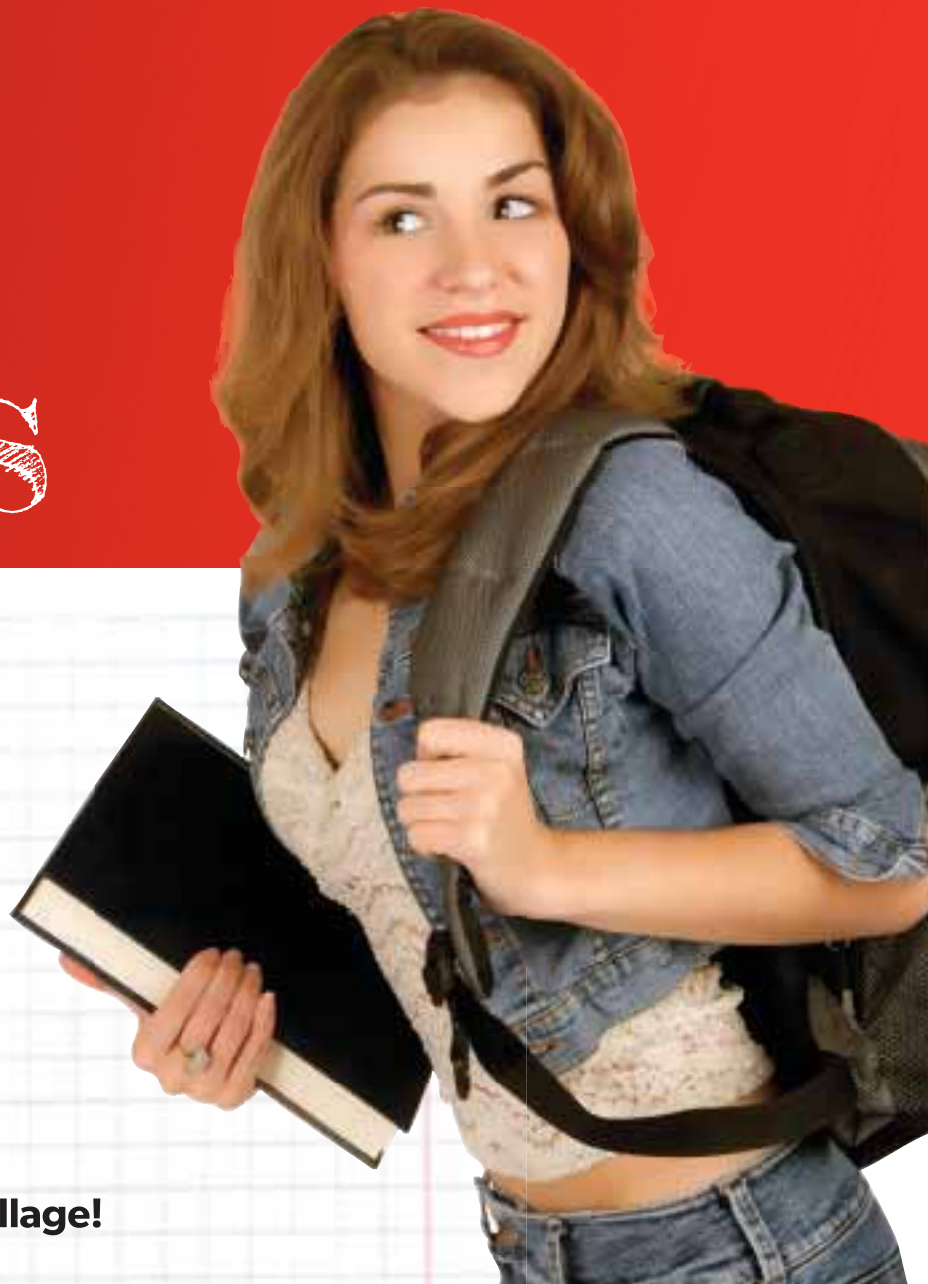
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Optimize your child's learning experience



Set a special space aside in the house to do homework to make education and school a top priority. iSTOCKPHOTO/THINKSTOCK

Preparation. Try to create a comfortable and relaxed environment at home to keep kids happy

MICHELLE WILLIAMS
For Metro

The countdown is on ... only a few short weeks until the first school bell.

What can parents do to make sure that kids are prepared to learn and get the most out of school?

"For starters, ensure that your children are happy and excited about learning and about the new school year," said Cassandra Alviani-Alvarez, a principal with the Toronto District School Board.

"Go online and check out the curriculum. See what's coming up and start a dialogue with your kids about what they'll be learning.

Focus on how great it will be to be back at school."

Remember that an important component to keeping kids happy is creating a comfortable and relaxed environment at home.

"A peaceful house is very important. A lot of friction in the household impedes kids' learning, so try and keep things calm and caring."

It's also important for parents to make school and education a top priority in the household.

"There are lots of ways a parent can make this happen," Alviani-Alvarez said. "Set a special space aside in the house to do homework, and an inspired learning area for kids to express their

creative side with music, games, book, art materials and more."

Another good idea is extending their learning at home.

"If the class is learning about plants, do some planting at home and watch things grow. If they're studying the weather, follow weather forecasts and learn about it together."

Studies show that kids do better in school when their parents are actively involved.

"Introduce yourself to your child's teacher at the beginning of the school year," Alviani-Alvarez said.

"Kids feel better knowing that their parents and teacher are partners in learning. Encourage your child to ask questions of the teacher, and help your child become more confident and succeed

Learn together

"If the class is learning about plants, do some planting at home and watch things grow. If they're studying the weather, follow weather forecasts and learn about it together."

Cassandra Alviani-Alvarez, a principal with the Toronto District School Board

in the classroom by enlisting the help of the teacher if your child is shy, timid or lacks self-assurance.

"Also, volunteer periodically in the classroom or go along on field trips. It helps build a child's confidence and reinforces your commitment to his or her education."

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MICHELLE WILLIAMS
For Metro

Have you ever thought about home-schooling? Here is how one Canadian mom goes about educating her family and why she does it.

Home-schooling may evoke visions of your kids sitting at the kitchen table while mom stands in front teaching a lesson. But for most of the thousands of Canadian kids who are home-schooled, that's not the reality, says Judy Arnall, a Calgary mother, author and speaker, who has home-schooled all five of her children and is writing a book on the subject.

"One myth is that parents think you're spending six hours a day sitting with the kids doing class work," Arnall said. "Most home-schooling

parents spend little or no time doing this. The goal as a home-schooling parent is to make sure your kids learn and have fun. We like to think of the world as our classroom."

So how do they spend their day?

"At breakfast, we decide what we're going to do. It might be visiting a museum or zoo, socializing with other home-schooling families, spending time on the computer, drawing, reading books or preparing meals together. We're learning in every environment because kids are learning all the time."

Research shows that kids who are home-schooled flourish. Three of Arnall's children are now doing well at university. She believes there are no negatives when it comes to home-schooling children.

On the home front, the In-



Computers and the Internet have certainly made the task of home-schooling easier. iSTOCKPHOTO/THINKSTOCK

ternet has certainly made the task of home-schooling easier.

"There's so much information available online for parents to access. And kids love using the computer to learn."

Besides provincial curricu-

lum links that parents can access, there are many other ways to teach and learn online.

And what about the social aspect of home-schooling?

"I think this is a bigger challenge for families with

one child. But joining a home-school group is a great way for the kids to learn and have fun together."

If you are considering home-schooling, take it a year at a time, says Arnall.

"Try it and see. Your kids can always go back to school if it's not for you. They won't miss out. The time spent with you is enriching and it builds their confidence and love of learning."



Reading is a good way for children to get tired and eventually fall asleep. It's time again to get back into the school routine. iSTOCK/THINKSTOCK

Tick-tock. Time for a new routine

After a long summer of late nights and lazy mornings, it's time to get back into your school routine. But it's not easy to start that regimen and get kids in bed early while it's still warm and light outside.

"Start at least a week ahead, because however late your kids have been staying up — a little or a lot — they can't make the adjustment overnight," said Kathy Lynn, parenting expert, speaker and author.

"Make it a process."

Lights out?

"It's not really necessary," Lynn said. "If you think about it, it's not really that big a deal if your kids fall asleep reading with the lights on. Don't insist your kids go right to sleep, just get them into bed. Reading is a good way for them to get tired and eventually fall asleep."

Books are great, but not electronics.

"Kids don't fall asleep easily right after watching television or playing video games," Lynn said. "Electronics should be

turned off well before bedtime, generally about an hour ahead. Create a calm atmosphere by enjoying a snack, a bath and a book. A quiet routine will get your kids relaxed and ready to fall asleep."


Talk about your routine. Should you set out clothes the night before?

"It really depends on if your children are night or morning people. If kids don't like getting up early, you don't want anything extra in your mornings. Set a schedule with the

help of your kids so you can decide what to do the night before and how to schedule your morning tasks. For example, if you have a morning doddler who wakes up hungry, schedule getting dressed before breakfast."

What about parents at bedtime? For best results, everyone needs an hour break. Spend the time reading to your kids, or take part in other quiet pursuits until they are asleep.

MICHELLE WILLIAMS



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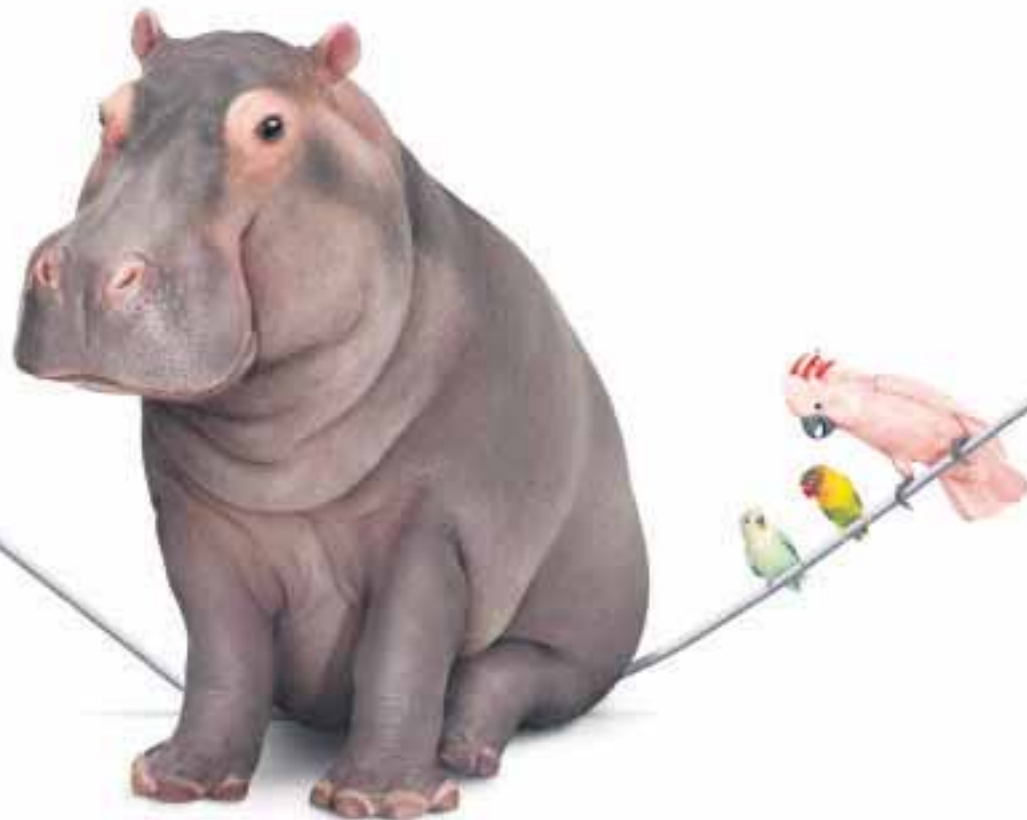
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Eggplant									
Garlic									
Kale									
Lettuce									
Onions, Green									
Onions, Red & White									
Parsnips									
Peas									
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Pack your books in style

MICHELLE WILLIAMS
For Metro

Backpacks are an integral part of going back to school. The students in your family will look forward to walking the halls with one of these new backpacks that are functional as well as good looking.

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New Balance Performance Backpack is strong and versatile, with cushioned shoulder straps, a shoe tunnel, tons of storage and room for your laptop. (\$69.99, future-shop.ca).

Roxy Junior Fresh Press Backpack lets girls show off their fresh style and rocks interior organization, making it perfect for carrying books and more. (\$44, sportinglife.ca).

Littlelife Adventurer Day-

sack is perfect for younger students. It comes with a 40-page drawing pad and a clear front pocket for showcasing artwork. (\$31, mec.ca).

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Mountain Equipment Co-op MEC Book Bag, top, \$42, Littlelife Adventurer Daysack, left, \$31, both available at mec.ca.

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Herschel Pop Quiz Camo Backpack is cool for boys with plenty of organizers, sturdy design and fleece-lined pockets for a laptop or tablet and sunglasses. (\$69.99, sportinglife.ca).

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Ikea's upscale collection a winner

Affordable Stockholm design launched this week



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Karl Lohnes
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Every three years mass market furnishings retailer, Ikea, introduces a much anticipated upscale collection of furnishing and home accessories.

This year, the coveted Stockholm Collection is introduced in limited quantities to the 325 stores in 40 countries around the world, bringing high-design at still very affordable prices.

With trends emerging like walnut wood furnishing, Kelly green and citrus yellow colours, it looks like this special collection will be on-trend for a long time.

Look for this special (and very well-priced) quality collection in the five million Ikea catalogues delivered this week to homes across Canada or in your local store. Here's a sneak peek and a few of my favourites:

Living room

Medium walnut wood tones and pops of yellow and green are on trend in the Stockholm Collection, introduced every three years at Ikea.



Rug

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Stockholm Striped Wool Rug, \$299



Mirror

Illusions of depth give you varied perspective when looking through the angled walnut frame.

Stockholm Mirror 80, \$99.



Dining room

Walnut wood is predicted to be the "next big wood" in home decor. The walnut wood used in the Stockholm Collection is actually Canadian walnut wood veneers.



Table

The big family table is back! Eight feet of Canadian walnut takes mid-century modern good looks into the future.

Stockholm Dining Table, \$699.



Vase

Colourful blown glass to wake up your tables; three down the centre of a table would have real impact. Just add flowers!

Stockholm Vase 20, \$49.99.



Chair

At the table or in a corner; solid & comfortable in this year's best colour (also available in natural walnut).

Stockholm Chair Green, \$149.



There's a page for that in the new IKEA Catalogue.

Visit IKEA.ca/Catalogue to see it now.



The Blue Jays' Kevin Pillar, who was called up after the team traded Emilio Bonifacio, makes a diving catch off a ball hit by Jonny Gomes as he makes his major-league debut against the Red Sox in Toronto on Wednesday. The Jays walked off with a 4-3 win in the 10th inning. NATHAN DENETTE/THE CANADIAN PRESS

Jays stretched to the limit in extras

MLB. Davis sparks Toronto's 10th-inning win over Boston to end 3-game losing streak

Rajai Davis had two doubles and scored the winning run in the 10th inning as the Toronto Blue Jays snapped a three-game slide with a 4-3 win over the Boston Red Sox on Wednesday.

Edwin Encarnacion hit two doubles and scored a run for the Blue Jays (55-65), while starter Esmil Rogers (3-7) pitched six innings with six strikeouts, five hits and an

Roster moves

Earlier Wednesday, the Blue Jays traded Emilio Bonifacio to the Kansas City Royals for a player to be named later or cash.

- The 28-year-old, who the Jays acquired last off-season in a trade with the Florida

Marlins, hit .218 as a utility player this season.

- Munenori Kawasaki and Kevin Pillar were recalled from triple-A Buffalo to fill the void left by Bonifacio and Colby Rasmus, who was on the 15-day disabled list.

earned run. Reliever Brett Cecil ruined Rogers' chance at a win though, blowing Toronto's 3-1 lead in the ninth inning.

Brad Lincoln pitched an inning and a third in relief to earn the win for Toronto.

Designated hitter David Ortiz hit a home run for Boston (72-50) as did Mike Napoli, whose two-run shot in the ninth with two outs tied the game at 3. Jon Lester (10-7) gave up three runs — two earned

— and fanned three hitters over six and a third innings of work. Brandon Workman (3-2) pitched three innings for the Red Sox and took the loss.

Davis drew cheers when he led off the bottom of the 10th with his second double of the game. He then advanced to third base on Jose Bautista's groundout to short.

Workman then intentionally walked Encarnacion to put runners on the corners. With Brett Lawrie at the plate, Encarnacion stole second base.

Lawrie then hit a sharp single off the glove of Boston shortstop Stephen Drew to drive home Davis and end the game. **THE CANADIAN PRESS**

NFL

Brady goes down in Pats practice

Tom Brady walked off the field under his own power. Several teammates didn't think he was hurt badly when he grabbed his left knee after being knocked down.

Yet the possibility that the New England Patriots might lose their star quarterback caused a scare at the team's joint practice with the Tampa Bay Buccaneers on Wednesday.

A person with knowledge of the injury said an MRI was negative and Brady was day-to-day with a left knee sprain.

THE ASSOCIATED PRESS



Tom Brady **THE ASSOCIATED PRESS**

NHL

NBA owner to buy Devils: Source

A person familiar with the negotiations says Philadelphia 76ers owner Josh Harris will add the NHL's New Jersey Devils and the lease to their arena to his portfolio Thursday.

Attorneys for both sides were putting the final touches on the deal Wednesday that would allow Jeff Vanderbeek to sell his majority ownership to Harris, said the person, who asked not to be identified because neither party had announced the deal.

THE ASSOCIATED PRESS

Raonic stands tall while his compatriots fall



Milos Raonic returns a serve against Janko Tipsarevic on Wednesday in Mason, Ohio. AL BEHRMAN/THE ASSOCIATED PRESS

Milos Raonic advanced to the third round of the Western & Southern Open on the same day fellow Canadians Vasek Pospisil and Eugenie Bouchard were knocked out.

The 12th-seeded Raonic beat Janko Tipsarevic in straight sets, 6-4, 7-6 (4) on Wednesday. It's his third win in as many tries over Tipsarevic, and comes a day after he struggled somewhat in a three-set first-round match over American Jack Sock.

"I played better than yesterday," Raonic said. "I was better from the baseline and created

Quoted

"I'm a little emotionally drained. Maybe it's good to rest before the (U.S.) Open."

Vasek Pospisil following his loss to David Goffin on Wednesday.

more opportunities for myself. It was a pretty clean match."

Raonic will face American John Isner next. Isner won their only other match in the Toronto quarter-finals a year ago.

"Isner will be tough. It will

come down to a few points," Raonic said. "I have to serve well and keep the pressure on him in that sense. If I create opportunities I have to make the most of them and play as disciplined as possible."

Pospisil, ranked 40th in the world, was upset 7-5, 1-6, 7-6 (6) by Belgian qualifier David Goffin, who's ranked 80th.

Bouchard will get some rest after putting a scare into world No. 1 Serena Williams. Bouchard won the first set before Williams asserted herself in a 4-6, 6-2, 6-2 victory.

THE CANADIAN PRESS

Horoscopes

Aries

March 21 - April 20

If you start your day early and finish it late, you will get through ten tasks to every one your rivals manage to complete. Your momentum will keep you going through tomorrow and into the weekend.

Taurus

April 21 - May 21

You seem to be torn between options, unable to decide which is the best route. Sit quietly for a few minutes and let your intuition guide you. Deep down you already know what the answer is.

Gemini

May 22 - June 21

Ignore those who say you are going to fail, they don't know what they are talking about. Equally likely is that they fear your efforts will bring you huge success, making them look bad. Good — go for it!

Cancer

June 22 - July 23

You don't have to face a tough situation alone today. You have friends all around you. All you have to do is reach out to them and they will gladly assist.

Leo

July 24 - Aug. 23

With Mercury in your sign linked to genius planet Uranus, you will come up with ideas that could change the world. Even if you don't want to go that far, you can certainly change your life for the better.

Virgo

Aug. 24 - Sept. 23

The next 24 hours may be a bit too noisy for your tastes but you will get through it OK. Instead of trying to avoid loud people why not, for a short time, get loud yourself.

Libra

Sept. 24 - Oct. 23

Do what makes you feel good, rather than what makes others feel good. You have every right to pursue your own happiness and prosperity. Anyone who tells you otherwise is a fool.

Scorpio

Oct. 24 - Nov. 22

Changes in your career or social life may make it difficult to plan ahead but that is not a bad thing. Today's Mercury-Uranus link will throw up an unexpected opportunity. Grab it with both hands.

Sagittarius

Nov. 23 - Dec. 21

Sometimes it's OK to get angry. In fact, if someone annoys or provokes you today you must let them know about it in up-front terms. Some people, sadly, are simply too dim to learn any other way.

Capricorn

Dec. 22 - Jan. 20

The best cure for doubt is action, so throw yourself at what you have to do today and forget everything else, at least for a while. You will find that what you have been worrying about is of no concern.

Aquarius

Jan. 21 - Feb. 19

You may look cool and calm to the world at large but deep down you are actually a sensitive person and you must not try to deny it. Let your passion drive your actions.

Pisces

Feb. 20 - March 20

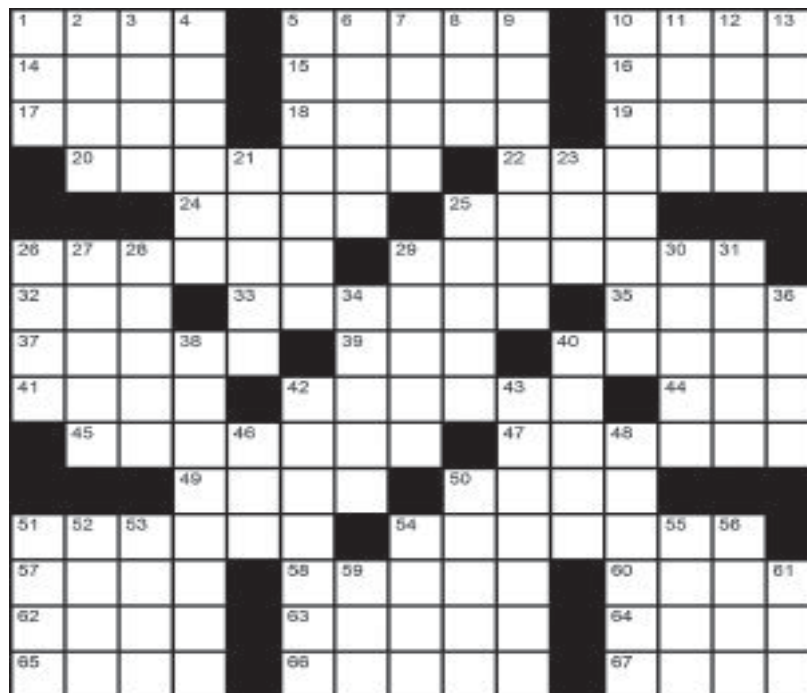
Open your mind to new possibilities, especially where money and related matters are concerned. Your instincts will guide you in the right direction.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

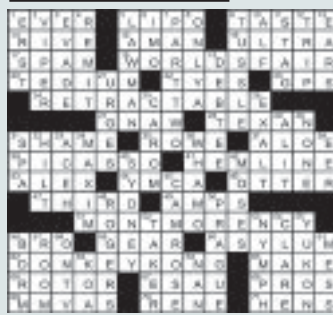
- Alphabet sequence
- Military doc
- Person, place or thing
- ___ mortals
- Andrew Lloyd Webber musical
- Competent
- Regrettably
- "___ '___ In": Wings song that goes "Someone's knockin' at the door."
- Canadian hardware store
- "Danny's Song" by Loggins and ___
- Belovedly win over
- Superlative suffix
- Move like a river
- Art stands
- Hybrid pastries currently a craze
- Understood
- Cowboy's prop
- Dubai, United ___ Emirates
- Canadian actor Paul
- Prince Valiant's son
- Talk in a monotone
- Colonnade of ancient Greek architecture
- Machu ___ (Inca archaeological site)
- Stage actress Ms. Hagen
- Toronto-born actress Ms. Watson whose name is Western-inspired
- 2009 James Cameron movie
- Vegetable variety
- Dish of the day, ___ du jour
- Keep your cool:



- 2 wds.
- ___ cheese sandwich
- ___ the crack of dawn: 2 wds.
- Detached in manner
- Land amount
- Ms. Remini
- #10-Down's expression: "Doot ___ Doot Doo..."
- Certain carpet
- Mr. Affleck's
- County in England
- "No Particular Place ___" by Chuck Berry
- ABC's early li'l daytime show
- Leadership position
- "Dies ___": Latin hymn meaning "Day

- of Wrath'
- Brit singer, ___ J
- "Canadian Idol" Season 3 winner Ms. O'Neil
- Function
- Ms. Von Teese
- 'Meteor' suffix
- Realm of Arthurian legend
- Interviewer, ___ the Human Serviette
- Worker, informally
- Baby tulip
- Sword sort
- Scott of "Hawaii Five-0"
- Mucky matters
- Bon ___ Provincial Park, ON
- Pull along
- 'L' in L.A.
- Identity part

Yesterday's Crossword

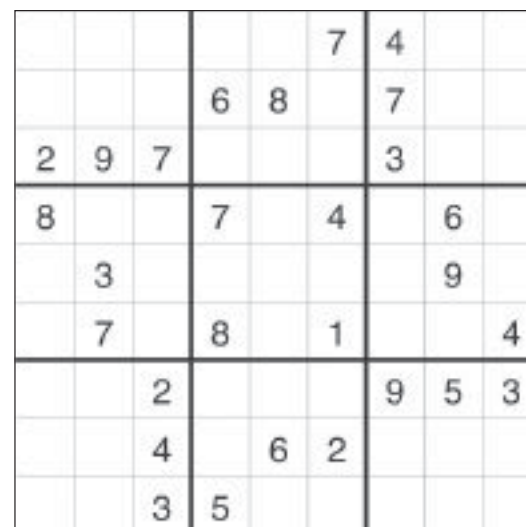
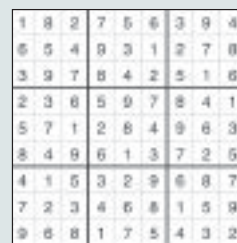


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: 29°
MIN: 15°

FRIDAY



MAX: 31°
MIN: 17°

SATURDAY



MAX: 31°
MIN: 20°



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It's unfair to give a giant American corporation special treatment.

I can tell you personally that this is an incredibly competitive industry. One company does something and the others scramble to beat it. That's good, fair competition. But now, the Canadian Government is allowing a giant U.S. cellphone company to buy up small Canadian operators that Canadian cellphone companies like mine aren't allowed to buy. Since we can't bid, they'll likely even get a huge discount on the price, effectively at the Canadian taxpayers' expense. But it gets worse. They get to piggyback on the infrastructure we built — and they didn't contribute a cent. That's not good, fair competition. You know, we teach our kids to play fair. That's about as Canadian as it gets. So why is our government giving a giant U.S. corporation special treatment? That's not fair.

Ottawa needs to close the loopholes.

To find out more, go to FairForCanada.ca

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